

# Safety Tips

from notMYkid and the FBI

Be responsible. Drunks = Easy targets.

Always have a safe, legitimate mode of transportation.

Never let your guard down just because you are in vacation mode.

Leave a copy of your itinerary at home and check in on a pre-planned basis.

Before you leave, make sure that your cell phone works outside of your usual service area.

Have contact names and numbers of advisors on the trip and make sure someone at home also has a copy.

Sex, drugs and alcohol: decide before you travel what you are or are not willing to do and share that with your friends.

Scan your passport and travel documents and e-mail them to yourself for easy access if lost or stolen.

Be on the lookout for predatory drugs! Symptoms: extreme wooziness, confusion, difficulty standing or slurred speech. Find your friends immediately and go home or seek medical attention.

Keep your room number, travel details and other private information **private**.

Create a pre-determined meeting spot with friends in case of emergency.

Never accept a drink from anyone. When in doubt throw it out!

**Go out with your friends; go home with your friends.**

**This will eliminate about 98% of the drama.**

# notMYkid

Inspiring Positive Life Choices

At notMYkid, we inspire positive life choices by educating our community about the consequences of destructive youth behaviors.

This post card was sent to you by someone who loves you. Show them you love them too by staying safe.

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